

# Emergency Relief and Support Services

## Salvos

### Cnr Read St & Willmott Dr, Cooloongup

Provides free Financial Counselling as well as emergency relief with food and other material or financial needs

Drop in centre open Tues, Wed, & Fri 9am - 1pm.  
provides food, free wifi, shower and washing facilities.

Food Hampers available Tues & Wed,

Orange Sky Tue morning & Freo St Doctor Tue 10am – 1pm  
9527 3460 or rockingham@salvationarmy.org.au

## Vinnies

### 1/14 Livingstone Rd, Rockingham

Mon & Thurs 10am - 12pm, Wed 1030am - 1230pm  
appointment only. Provides food, furniture, bill assistance,  
information and referrals as well as home visits.  
9592 7816 or callcentre@svdpwa.org.au

## Coastal District Care

### 4/6 Leghorn St Rockingham

Mon, Wed, Fri. 9am - 12pm. Food hampers available (health  
care/pension card required). Thurs 10am - 1pm Op Shop  
0416 413 849 or roogirl3@live.com.au

## The CREW

### 5 Cessnock Way Rockingham

Mon 10am - 1230pm: Hot meal, dessert & fruit/vegetable  
hamper. Fri 10am - 1pm: Food hampers (health  
care/pension card required).  
0491 684 033

## Moorditj Koort

### 1 Sutherland Pde, Parmelia

Aboriginal led NFP, provides culturally safe holistic  
healthcare. Primary healthcare, mental health support,  
supporting people with chronic health conditions, aged care  
services, school based health services, ear, nose, throat  
services, and NDIS and disability support  
6174 7000 or info@mkac.com.au



## Foodbank WA

### Mobile Locations

Wed 12- 1pm & Fri 930am - 11:15am - Salvos Rockingham  
Fri 12:15pm - 1pm - Frank Konecny Centre Kwinana  
Payment accepted only via EFTPOS or emergency relief  
voucher only.

**Referral required** - to obtain please phone 1800 979 777  
between 930am - 5pm Monday to Friday  
**ID required to collect referral**

## SOUL Soup Patrol Rockingham

Soup Patrol Van – hot soup & roll

Sunday afternoon various times and locations:

Lake Richmond Cnr Safety Bay Rd & Lake St 4:50pm

Navy Memorial park, Governor Rd Reserve - 5:10pm

PCYC Skate Park - 5:30pm, Anniversary Park - 5:50pm

BP Petrol Station, Dixon Rd - 6:10pm

Lakes Caravan Park Cnr Mandurah Rd & Fifty Rd Baldivis -  
6:30pm

## Adra Cafe

### 21 Wanliss Street Rockingham

Tues 430pm - 6pm ADRA Cafe - Hot Food, takeaways  
and clothing - located in the Seventh Day Adventist  
Church Hall.

Thurs Adra Mobile (follows same times and places as  
SOUL Soup Patrol)

## St Brendan's Homeless Respite

### 14 Watts Rd, Shoalwater

Fri 10am - 1pm - Hot two course meal, clothes  
washing/drying facilities and fresh clothes.

Podiatry & Hairdressing Service - once a month,  
Emergency relief available (tents, sleeping bags, blankets &  
clothes). 0403 199 186 or  
leannedoyle63@bigpond.com.au

## Happy Pantry

### 550 St Albans Rd, Baldivis

Wed & Thurs 10am - 1230pm, Sat 10am - 12pm.  
\$10 per box - fresh produce food hampers

## Family & Domestic Violence Financial Institution Support

Banks offering support to clients experiencing FDV:

Commonwealth - 1800 222 387

Westpac - 1800 063 509

NAB - 1300 308 175

ANZ - 1800 517 167

Bankwest - 1800 433 932

## WA No Interest Loans (NILS)

[wanils.com.au](http://wanils.com.au)

Mon - Thurs 9am - 2pm. No interest loans for purchasing vehicles or essential household items including some Health services (eg medical & dental).

9263 2199 or [wanils@anglicarewa.org.au](mailto:wanils@anglicarewa.org.au)

## AnglicareWA

### 4 Council Av, Rockingham

Mon - Fri 8am- 4.30pm. Anyone experiencing financial difficulties can access support in budgeting, debt negotiation, advocacy or referral.

1300 114 446 or 9528 0702.

[info@anglicare.org.au](mailto:info@anglicare.org.au) - [www.anglicarewa.org.au](http://www.anglicarewa.org.au)

## Money Mentors - [moneymentors.org.au](http://moneymentors.org.au)

Mon - Fri 9am - 4pm. Free financial counselling, community education & financial crises advocacy services. Mandurah, Byford and Kwinana offices

9581 1281 or [admin@moneymentors.org.au](mailto:admin@moneymentors.org.au)

## SCALES Community Legal Centre

### Suite 3/14 Council Avenue, Rockingham.

Mon & Fri 9am - 12pm. Tues, Wed & Thurs 9am - 5pm.

Legal advice, assistance on various legal issues i.e.: family law, criminal injuries compensation, tenancy issues, family & domestic violence and criminal matters.

9550 0400 or [scales@murdoch.edu.au](mailto:scales@murdoch.edu.au)

## Headspace Rockingham 3/18 Goddard St

Mon - Fri 8:30am - 4:30pm. Afterhours Wed & Thurs until 6:30pm (appointment only)

Youth mental health support service (12-25).

(08) 6595 8888 or [hello@headspacerock.com.au](mailto:hello@headspacerock.com.au)

## Rockingham Street Chaplain

0429 957 239

Various supports for anyone in need.

Based on the streets of Rockingham entertainment precinct and around the beachside.

## Lilah Haven - [liliahaven@prdx.org.au](mailto:liliahaven@prdx.org.au)

Provides transitional accommodation for single women who are pregnant, or have recently given birth, without safe or stable accommodation. Located in Baldivis (address by appointment only) - 0450 947 751

## Palmerston - [www.palmerston.org.au](http://www.palmerston.org.au)

Mon 9am - 8pm Tue, Thurs & Fri 9am - 430pm,

Wed 9am - 12pm, Sat 10am - 3pm

Individual, family, group & residential support for people affected by alcohol and other drugs.

9550 9200 or [rockingham@palmerston.org.au](mailto:rockingham@palmerston.org.au)

## Ask Izzy - [askizzy.org.au](http://askizzy.org.au)

Directory website that connects people in need with housing, a meal, money help, family violence support, counselling and much more.

## WA Connect - [waconnect.org.au](http://waconnect.org.au)

Community Services directory for WA, searchable by service need and location.

Free-call Emergency Relief and Food Access Service to help in identifying and applying for relief: 1800 979 777 9:30am - 5pm (Monday to Friday).

# Emergency Relief and Support Services

## South Coastal Health & Community Services

Advocacy and referrals for those in need

## Crisis Accommodation

Lucy Saw; FDV - 9527 6872

Zonta House; FDV - 1800 870 149

Y-Shac Rockingham; Youth (15-20) - 9523 3400

St Bart's (Medina) - 9419 1741

Orana House; FDV - 9370 4544

OVIS Refuge; FDV - 9520 8627

WestAus Crisis Care (Peel) - 9582 9920

Cavalry House (Peel); Youth (15-25) - 9581 1741

RUAH Safe Night Space (Perth) - 13 78 24

Tom Fisher House (Highgate) - 9227 1445

## Phone line support services

Kids Help Line - 1800 55 1800

1800RESPECT - 1800 737 732

Beyond Blue - 1300 224 636

Lifeline - 13 11 14

13 Yarn - 13 92 76

Crisis Care - 1800 199 008

Djinda Service (Aboriginal FDV service) - 6164 0650

Aboriginal Family Legal Services - 9355 1502

Homeless Advisory Service - 1800 065 892

Entrypoint Perth (referral service) - 6496 0001

Emergency Relief & Food Access Service - 1800 979 777

Elder Abuse Help Line - 1300 651 192

Financial Counselling Australia - 1800 007 007

