

“  
Children  
LEARN  
MORE  
FROM WHAT  
YOU ARE  
THAN WHAT YOU  
TEACH.  
”

W DUBOIS

The logo for South Coastal Health & Community Services. It features a stylized profile of a person's head in white, facing left, positioned to the left of the text. The word "South" is written in a large, elegant, white serif font. Below it, the word "Coastal" is written in a smaller, white serif font. At the bottom, the words "HEALTH & COMMUNITY SERVICES" are written in a small, white, all-caps sans-serif font.  
South  
Coastal  
HEALTH & COMMUNITY SERVICES

Do you want to learn new ways to respond to your child's behaviours, recognise their needs and strengthen your connection?



## Circle of Security Parenting

Circle of Security Parenting is an early childhood program that helps build a secure attachment and relationship with your child. This can lead to future benefits including: increased empathy, greater self-esteem, better relationships with peers and parents, school readiness and better management of emotions.

- Low Cost On-Site Creche (Head-Hub Only – Civic Boulevard, Rockingham)
- The staff are friendly, professional and include a Registered Circle of Security Parent Facilitator

**WHO FOR:** Parents of children aged 0-3 years




**WHEN:** Weekly during school term – Check Events Page on website for upcoming times/dates

**LENGTH:** 8 weeks

**WHERE:** Confirm with Facilitator

**COST:** \$30 one off fee. Free for concession card holders

### WHAT TO DO NEXT?

-  Phone us on **(08) 9550 0900** to self refer.
-  Check our website for upcoming dates.  
[southcoastal.org.au/events](https://southcoastal.org.au/events)
-  [admin@southcoastal.org.au](mailto:admin@southcoastal.org.au)

OR

To register your interest in the Circle of Security Parenting Course please call us on **9550 0900**.

**T** +61 8 9550 0900  
**F** +61 8 9592 5635  
**E** [admin@southcoastal.org.au](mailto:admin@southcoastal.org.au)  
**A** 4 Civic Boulevard, Rockingham  
(50m from Rockingham Shopping Centre)

**f** /southcoastalhealth    **t** @south\_coastal  
**@** @southcoastalhealth

**South Coastal**  
HEALTH & COMMUNITY SERVICES

[southcoastal.org.au](https://southcoastal.org.au)

