

ABORIGINAL HEALTH, SOCIAL AND
EMOTIONAL WELL-BEING SERVICES

Family.



Rockingham, Kwinana
& Surrounding Areas



*ARE YOU ABORIGINAL?
ARE YOU TORRES STRAIT ISLANDER?
ARE YOU HAVING A DIFFICULT TIME?
ARE YOU A BOODJARI YORGA?
ARE YOU MARMUN YOUNG AND OLDER?
DO YOU HAVE YOUNG KOOLUNGARS?
ARE ALL YOUR BUBBA'S JABS UP TO DATE?*

***BABBINGUR MIA
TEAM IS FOR YOU!***





Welcome from the Team!

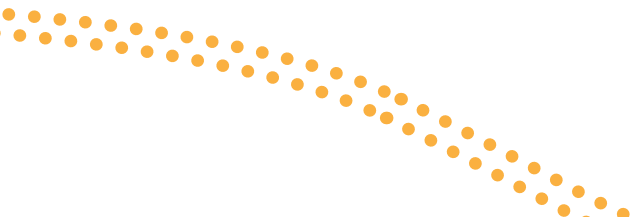
All of the staff at Babbingur Mia work together to support women, children, new mums, mums to be, men (young and older) for good health, and social and emotional well-being.

We offer a friendly, flexible, outreach service for Aboriginal and Torres Strait Islanders in the Rockingham and Kwinana areas.

In the home, community and at our centre:

- Child Health
- Mums & Mums-to-be Health
- Mental Health Support Services
- Transport for your care
- Referrals
- Advocacy

Give the team a call to see if we can help you.





CHILDREN

Our Child Health Nurse and Aboriginal Health Team provide:

- In-home Child Health checks
- Assistance with transport to medical appointments
- GP and Specialist appointment Treferral
- Early development assessments and education
- Immunisations

MUM-TO-BE AND FAMILY

Our midwife and Aboriginal Health team come alongside 'Mum-To-Be' and the family for:

- In-home checkups before the birth (Antenatal)
- Assistance with transport to medical appointments
- GP Obstetrician checkups
- In-home care after the birth (Postnatal)
- Parent Education and Support

MENTAL HEALTH SUPPORT SERVICES

- Do you have any worries or concerns about your mental health?
- Has your family said that they were worried about your mental health?
- Do you, or someone you care about struggle with alcohol or drugs?

TRANSPORT FOR YOUR CARE

Transport available to support your care.



ADVOCACY

As part of our service to our clients we are able to support through advocacy and helping you access services to Centrelink, housing, legal aid and other organisations within the community.

GP FOR WOMEN

We have female doctors for:

- Women's health
- Specialist referrals
- Sexual health and contraception
- Referrals for Mental Health Care Plans

HEALTH CHECK-UPS

Health Check-ups offered for all.

GROUPS AND COMMUNITY EVENTS

We run regular groups and host some great community events for the Aboriginal and Torres Strait Islander community.

Our regular groups are:

- Mooditj Marra Women's Yarning
- Babbingur Mia Moort Waabiny (Playgroup)
- Men's yarning Group

WHAT NEXT



Give the team a call to see if we can help you.
(08) 9550 0900

SOUTH COASTAL BABBINGUR MIA

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CONTACT US

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AGENCY REFERRALS WELCOME

Call or email at referrals@southcoastal.org.au

