



Welcome from the team!

All of the staff at Babbingur Mia work together to support women, children, new mums, mums to be, men (young and older) for good health, social and emotional well-being.

We offer a friendly, flexible, outreach service for Aboriginal and Torres Strait Islanders in the Rockingham and Kwinana areas.

In the home, community and at our centre:

- Child Health
- Mums & Mums-to-be Health
- Mental Health Support
- Men's Yarning Group
- Women's Yarning Group
- Emotional Well-being
- Referrals
- Advocacy
- Transport for your care



Give the team a call
to see if we can help you
(08) 9550 0900.

Wandjoo Welcome from the team!

South Coastal Health and Community Services provide health and psychological services for women, children and the family, offering:

- Emotional Health & Well-being Counselling
- Perinatal Mental Health Counselling
- Family & Domestic Violence Counselling
- Women's Health - Female GP & Nurse
- Self-Support Groups
- Circle of Security Parenting Program
- Connecting FIFO Families program

By accessing our programs
you can seek support on:

Anxiety
Adjustment issues
Attachment issues
Depression
Trauma
Sexual health checks
Menopause management and advice

Perinatal Depression
Pain & somatic concerns
Anger control issues
Cervical Screening
Specialist referrals
Contraception

Fertility advice
Breast care
Stress
Grief & loss
Childhood issues
Pregnancy advice
Emotional health support

WHAT TO DO NEXT

- Make an appointment with our service
- Contact us on (08) 9550 0900
- Visit us at 4 Civic Blvd, Rockingham
- Visit our Website:
southcoastal.org.au



f /SCWHS t @south_coastal
@southcoastalhealth

