

PSYCHOLOGICAL SERVICES

# Hopeful.



Professional, mental health  
support for the whole family.



GREAT TEAM OF PSYCHOLOGISTS  
MINIMAL WAIT TIME // LOW GAP FEE  
BULK-BILLING – HEALTH CARE OR PENSION  
CARD HOLDERS // LOW-COST ONSITE  
CRECHE // MENTAL HEALTH PLANS

# Welcome.



## WHAT WE OFFER

- **Minimal wait time**
- **Low-cost onsite creche** at a cost of \$5 for your babies and young children.
- **Bulk-billing** is available if you have a health care or pension card.
- **Low gap fee**

## GREAT PSYCHOLOGICAL TEAM

Here are some of the areas we are supporting people with right now:

Anxiety  
Adjustment issues  
Attachment issues  
Depression  
Trauma

Perinatal  
Depression  
Pain & somatic  
concerns  
Anger control  
issues

Stress  
Grief & Loss  
Childhood  
behavioural  
issues

## 2 SIMPLE STEPS TO ENTER OUR SERVICE

- 1 Discuss your mental health concerns with your GP and request a referral and Mental Health Care Plan. The plan allows you to receive a Medicare rebate for up to 10 sessions, covering most of the cost of treatment. Bulk billing is available for concession card holders.
- 2 Contact us to make your first appointment.

## OTHER SERVICES

We have some other specialised services to support perinatal mental health, domestic and family abuse, child health, maternal health, Women's GP Services, and Aboriginal health.

T +61 8 9550 0900  
F +61 8 9592 5635  
E [referrals@southcoastal.org.au](mailto:referrals@southcoastal.org.au)  
A 4 Civic Boulevard, Rockingham  
(50m from Rockingham Shopping Centre)

f /SCWHS    @south\_coastal    @southcoastalhealth

[southcoastal.org.au](http://southcoastal.org.au)

**South Coastal**  
HEALTH & COMMUNITY SERVICES

